

Medical Gown Pattern Kit

In this kit you will receive: Gown Pieces (Front, Back-2) for a total of 3. Bias tape (2-9" pieces, 1-52" piece) to finish raw edges of cuffs, collar. 2-15" pieces for ties on the back of gown. Velcro for cuffs.

Step 1: Locate the pattern pieces. There is a front piece and 2 back pieces. (Back pieces are similar to the front only split in half to create the back opening) If you have a fabric that has a print: place right sides together. By "right" sides I am referring to the printed or good side of the fabric. Starting with either the right or left back side piece pin the front piece and back piece together at the top (shoulder or top of arm)



Step 2: Sew along the top of the shoulder / arm sewing the front and back pieces together using about a $\frac{1}{4}$ inch seam allowance. TIP: I line my presser foot up with the edge of the fabric and place my needle in the furthest right (or left depending the direction you are sewing) position, not the typical middle position. Remember to backstitch in the beginning and end of the seam to secure your stitches. Repeat this step sewing the other back piece to the front piece.



Step 3: Sew the included bias tape (9" piece) on to the cuff of the sleeves to encase the raw edges. I made this easy on myself by opening up my gown pieces to flatten out the arm to create a straight line and attached the bias tape to the cuff area of the arm. This was just easier for me, but feel free to adjust this if you are skilled at sewing.



Step 4: Lay your pieces back together with "right" sides facing each other again. Sew the back sides to the front by sewing along the under portion of the arm and side of gown. When sewing the under portion of the arm stop about 3 inches from the edge of the cuff to allow people with larger hands and wrists to fit the arm opening. We will add Velcro to be able to adjust the wrist opening according to your needs. Do this on both the right and left side of the gown. You are halfway there!

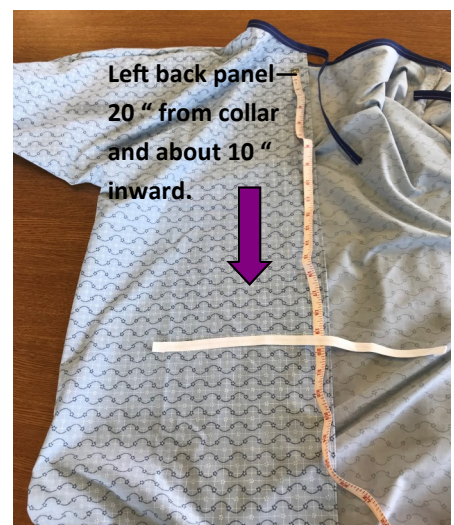
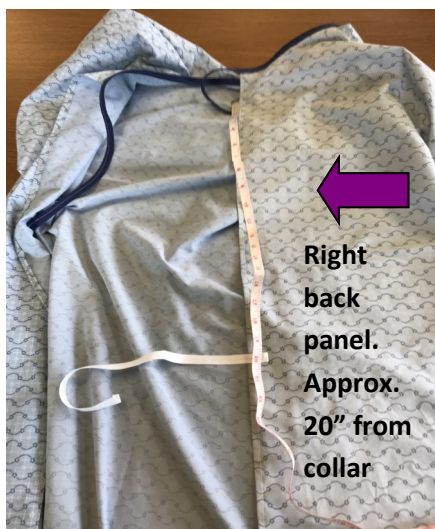


Step 5: Finish the edges of your gown (right and left back piece and bottom hem) using either bias tape (not included) or a double-roll hem. Or any hem you feel comfortable doing. We are looking to encase the raw edges as these gowns will be washed repeatedly and could fray. I used double wide bias tape which seemed faster for me, but also used a double-roll hem that was about $\frac{1}{2}$ " when completed when bias tape was not available.

Step 6: Open up your garment and attach the 3rd piece of bias tape (included) to the collar area to encompass the raw edge there. There should be about a 12" overhang on either side to accommodate being able to tie the gown. I also sewed the bias tape closed on the tie portion.



Step 7: Attach ties to the back of the gown at the following measurements: On the Right Back Panel measure 20 inches from the collar and attach your bias tape or tie (included) to the edge of the panel. On the Left Back Panel; measure 20 inches from collar and 10 inches to the left (towards the side seam) and attach the final tie. You are attaching the tie basically in the middle of the left side panel if this helps :) This will allow the person to tie the gown closed according to their body type.



Step 8: Attach the Velcro pieces to the cuffs of the gown. The Velcro pieces are sticky backed and do not need to be sewed on. You can skip this step if you are unsure where to attach, just let us know when dropping off gowns that the Velcro portion is needed.



Please call when complete for pickup or drop off at the front desk (there is a small table) at
Horizon Park Place office: 11400 West Lake Park Drive, Milwaukee, WI 53224

Contact: Marcy Stutzman, Director of Development-414-586-8341
or Heather Harry Development Specialist 414-586-8346.

